

Chapter 2

The Deeper Secrets of the Mythic

The Powerful Influence of Myths

Humans and all the rest of Creation are continually participating in the expansion of Creation itself with the apparent help of some benign and unconditionally supportive Source. Another way to state it is that the very Source of Creation, the one consciousness or one spirit, appears to have differentiated itself into all physical and non-physical forms in the Universe from visible light to stardust, to radio waves, to atoms, to molecules, to single celled organisms, to multi-system organisms, to entire planets, to essentially all-that-is. And every single extension of that Source from stones to humans is expanding Creation for the fun of creating and interacting with increasing complexity and diversity.

As I mentioned earlier, according to Western mythology, on the seventh day of the creation of the world God rested, and all that was left was the naming of things. Creation is finished, it's over – closed. On the other hand, according to the mythology of the primary cultures as described by their medicine people, the people of power and knowledge, on the seventh day Great Spirit said, "I've created this much, now you finish it."

Up until the advent of Quantum Physics, Western Science had confined itself pretty much to the table of Western mythology. For example, the scientists have said that on the seventh nanosecond after the Big Bang, all of physics and the physical laws were created and all that was left was the naming of them – they essentially agreed with the religious mythologies without realizing

it. And although they allowed for evolution, it was only an evolution of what already existed and not an adding onto Creation.

Quantum physicists have recently begun to understand and record the fact that the process of creation is still happening and we participate in it. They are just now catching up to the knowledge held for tens of thousands of years by the world's indigenous people. Now these physicists are even gathering evidence of and measuring an omnipresent and intelligent force or consciousness that has been around since the Big Bang or before, a force that Stephen Hawking goes so far as to call the "Mind of God." In fact, the Big Bang Theory itself has recently been refuted because of discoveries that matter is being created by black holes and that the Universe expansion is accelerating when it should be decelerating according to the theory.

A few great Western scientists, philosophers, thinkers, and seekers have been employing what Ken Wilber calls the *broad scientific method*. The scientific method itself consists of the following steps: 1) Injunction, which is to go do something like look into a microscope or solve a mathematical equation. 2) Observation and collection of data like "yes I see that skin is made of cells, or the square root of four equals two." 3) Corroboration with a statistically valid number of people doing the same thing and observing the same data. 4) Proof. By applying the four steps of the scientific method beyond just physically measurable phenomena we have the *broad scientific method*, which can be applied to prove well in advance that which even the finest of technological instruments may never be able to register. Westerners are simply used to the scientific method only being applied narrowly to the physical world. For example, even though

cells are too small to see with the naked eye, the injunction would be to have a statistically valid number of people look through a microscope at a slice of tissue, like skin. Each would then share that they see a number of similar little units that link together to form the tissue, thus corroborating their observations, and voila, you have proof that cells exist. As an example of the broad scientific method being applied to non-physical phenomena (other than mathematics), the injunction may be to meditate three hours per day for one year and take note of your observations. Perhaps you had a vision of the Source, of God, or the Oneness of all that is. Then you check with a statistically valid number of people who did the exact same meditation. Each of them reports that they had the same vision of the Source (maybe you all saw a white light or burning bush that spoke to you, for example); thus, corroborating the experience and allowing you to claim proof that the Source exists and still speaks to us. Even though we cannot see it with the naked eye or hear it with our naked ears or through the aid of existing physical instrumentation.

Every scientific discovery can be said to be a leap from an old myth to a new myth. And sometimes these leaps require that a person of power step up and propose the new myth to begin with. Such audaciousness is the mark of a true leader, someone who can be a positive influence for change as opposed to being influenced by what is. A good characterization of this is a quote from Alberto in the introduction to a documentary titled “2012: The Odyssey” referring to the possible changes spoken of in the prophecies that reads:

"We no longer live in the modern world, we live in the post-modern world. The structures of the

modern world which are founded on greed, on ever increasing economies, on ever increasing growth, on readily renewable resources.

That world has ended and does not exist anymore. We're living in a world of sustainability, of deep ecology, of great reverence for the Earth. If you haven't caught on yet that this is the world we are living in, you will probably be mulched."

How Myths Become True

So if it is true that Creation is still open and expanding, why does the Universe seem as static as if it was finished on the seventh day or seventh nanosecond? The answer could be because most of what we are creating is the same as what is already here. In other words, while everything is always changing or being created anew, it's just changing into the same thing or being recreated into the same thing. Most people are under this powerful influence of the current realities.

This occurs because by and large we are unaware of the process of creation and our role in it. For example, it is becoming more widely accepted that our thoughts create. Books like "Think and Grow Rich," movies like "The Secret," and practices like the power of positive thinking and creative visualization are just a few examples. Deepak Chopra conducted a study that shows that humans think on average 60,000 thoughts per day; and 95% of them are the same thoughts we thought yesterday. So if thoughts create reality, it is no wonder that our reality doesn't seem to change much

By observing and focusing on the current reality, we perpetuate it. And this isn't entirely a bad thing. A certain amount of stability is desirable as is the apparent buffer of time that we get between what we are asking to create and the manifestation of it. But it hasn't worked to our advantage to either shun the responsibility of our power to manifest, or remain completely unaware of how to properly play this game of creation. Shamans suggest that as we come into our power and freedom, as Creators, our ability to focus our thought and feeling energy on a preferred reality grows exponentially. Thus, it is to our great benefit and increased joy to learn how to harness this ability in order to use it in the most beneficial way possible.

A New Myth for a New Destiny

I offer this book as a method and a vision, with the intent of revealing the fun in the creative process that each of us is engaged in. This book offers a way to learn how to create the world we want more effectively. It also offers one possible vision that simply by the act of people reading it and expanding on it will make creating the world we want more probable – what I as a shaman would call a world destiny retrieval.

It is also important to note that creating the world we want or changing the destiny of the world must start with a full appreciation of the current reality. This is a bit of a paradox to most people since we have been mostly taught that in order to be motivated to change things, we have to be unhappy with the way they are now. Unfortunately, it is that very belief that makes it nearly impossible to change anything. The reason for this is that when we are in that state of unhappiness we are clearly focusing on “the problem” that we do not want, and that problem then

dominates our signal, our asking, and the new signal is obscured. Whereas, if we can get ourselves to a neutral or happier appreciation even in the face of “the problem”, then we allow “the solution” to manifest by allowing that signal to dominate. We must be in a state of appreciation for what *is* and be eager for what is coming next. We create not based on fear, discomfort, or disgust, but for the sheer fun of creating. So I offer this new vision of the world because I think it will be fun creating it in this way with you, knowing that the world is perfect just as it is now.

The New Myth Makers and Creators – “We are the ones that we have been waiting for”

Throughout known history there have been and still are groups of “elders” or visionary medicine people from sophisticated cultures such as the Hopi, Lakota, Maya, Inka, African, Australian, Tibetan, Celtic, and many others. These wise elders actively “dream” the world into being for the rest of us and for all life everywhere. Their dreaming as I described earlier is a ritualized visioning and feeling process—an active form of prayer, meditation, and mythic ceremony that deliberately and consciously engages with the Source of all-that-is to keep us and the world in beauty and in the Garden; or in many cases to bring it back there. And while one person deliberately creating in this way is more powerful than a million creating unconsciously, they have had their work cut out for them. Now is the time that we take some of the responsibility from their shoulders and step into our own power and freedom to choose the world that we wish to experience. It won’t take many, just a critical mass of visionaries like you and me to bring about more of this so-called Heaven on Earth. Let this book be the drafting table of the new conscious creators, the next evolution of the Human species here on Earth.

In order to assist you in the process of dreaming the world into being through this book, a blank page where you can add your own vision and/or reshape or enhance my vision follows each section. Know that the words only serve to produce a mental vision and a bodily emotion; and the bodily emotion contains the most power of manifestation. And know that you can enhance the power by engaging the Mythic with ritual. This is why music, chanting, images, and mantras are also widely used with prayer, because of their powerful ability to bring forth emotion. I encourage you to use the pages in a way that gets you into the feeling place of the vision either with words and/or pictures, or just contemplating the blank page and stepping into that destiny with all of your senses using the power of your imagination. And use whatever tools, such as chanting or music, ceremony or ritual, that help you, and that you enjoy most. You can create a collage, Mandala, or alter to access the Mythic Layer. I find in creating that powerful bodily emotion, it helps to ask the question “How would it feel to be there now?” I also like the following technique to help you differentiate between a thought, a physical act, and a bodily emotion. Simply smile without moving your lips. Where do you *feel* the smile?